

# DESHABANDHU MAHAVIDYALAYA, CHITTARANJAN

NAAC Accredited B + College
(Affiliated to Kazi Nazrul University)
Recognised Under Section 2(f) & 12(B) of UGC
P.O. – Chittaranjan, District – Paschim Bardhaman, West Bengal,
India, PIN – 713 331

TITLE: HAND HYGIENE AND CHILD HEALTH AWARENESS PROGRAMME

Date: 22/12/2021

Venue: Alkusha, Fulberia-Bolkund Gram Panchayat

No of Students Participated: 16

### **Objectives:**

• Educate participants about the significance of hand hygiene in preventing the transmission of infectious diseases, especially among children.

• Demonstrate proper handwashing techniques and promote the use of hand sanitizers as additional measures for maintaining hand hygiene.

Beneficiaries: Children and adult people

## **Programme outcome and impact:**

Participants' understanding of proper handwashing techniques and the importance of hand hygiene for child health.

### Report:

program was designed to promote hand hygiene practices and raise awareness about the importance of maintaining clean hands for the health and well-being of children. Recognizing the critical role of hand hygiene in preventing the spread of infections and reducing the burden of childhood illnesses, the program aimed to empower parents, caregivers, and children themselves with the knowledge and tools to adopt proper hand hygiene practices. Students informed the participants about the common pathogens transmitted through contaminated hands and the key times for handwashing, such as before eating, after using the toilet, and after playing outdoors. Practical demonstrations of proper handwashing techniques were conducted to ensure participants understood the correct steps for effective hand hygiene. Emphasis was placed on using soap and water, lathering thoroughly, scrubbing for at least 20 seconds, and drying hands properly

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